



*CREATING A LEGACY OF CHARITABLE IMPACT*

**2024**  
**IMPACT REPORT**

*The CCME Foundation is  
Sponsored by Constellation  
Quality Health*

# 2023-2024 GRANT CYCLE:

**\$ 502,480**

in FY 2023-2024 was provided in grants to 15 nonprofit organizations in the Carolinas.

**6,228**

Carolinkians gained access to quality health care programs designed to enhance their overall health and well-being, positively influencing their lives, families, and communities.

Since its first grantmaking year in 2021, the CCME Foundation has provided over **\$1.5 Million** in grants to nonprofits in North and South Carolina.

**68** Applications were received

**15** Grant applications selected for funding

**11** New organizations selected

**4** Repeat organizations selected

**7** Organizations in North Carolina

**8** Organizations in South Carolina



## A MESSAGE FROM DAN LACKLAND, CCME FOUNDATION BOARD CHAIR

It is with great pleasure and honor to congratulate all the awardees for the 2023-2024 granting period. These community-based initiatives are a testimony to the dedication and commitment to making this a better world for the people of the Carolinas. While the projects are focused to specific needs, these efforts truly benefit everyone. We look forward to following the results of these current projects and to future growth in building the network of high impact efforts.



## TYPES OF PROGRAMS WE FUND

The CCME Foundation works to improve the health of individuals and communities by providing charitable grants to nonprofit organizations in North Carolina and South Carolina seeking to improve health quality and equity. Grants range from \$5,000 to \$50,000 per organization. We prioritize projects that focus on measurable outcome improvements and have a high impact on health care improvements and access, particularly for uninsured and underserved populations.



“You have made a massive impact on our mission to prioritize exercise, nutrition, and mentorship as prescriptions for veterans’ recovery from post-traumatic stress and other invisible wounds.”

– Phil Palmer, Executive Director, Warrior WOD Foundation

Healthy lifestyle  
and quality of  
life programs

Health-related  
educational  
information

Access to  
culturally and  
linguistically  
appropriate care

Consumer  
centered care  
and decision  
making

Patient safety  
related  
programs

# 2023-2024 AWARDEES

## Compass of Carolina | Greenville, SC

### Increased Access to Mental Health Care

- \$30,000 grant provided to increase access to mental health care for those impacted by domestic violence.
- Served 203 clients in Anger Management and Batterer Intervention Group Counseling, 62 clients in Victim to Survivorship Group Counseling, and 30 clients in Individual Therapy.
- Launched Second Chance, a 10-week youth diversion program, with 4 families.
- Partnership developed with the 13th Circuit Court Solicitor's Office for creation of a Juvenile Diversion Program for offending youth and their caregivers.
- Over 300 clients received improved access to quality health care.

## AIDS Leadership Foothills-area Alliance (ALFA) – Hickory, NC

### Foothills Area Harm Reduction (the FARM)

- \$10,000 grant provided for harm reduction-related health care services and supplies.
- Served 1,551 individuals, performed 843 rapid HCV tests and 163 RNA tests, linked 23 individuals to HCV treatment, and supported 9 individuals while in HCV treatment.
- Estimated 2300 individuals received improved access to quality health care.



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We are very thankful for this Foundation's funding; it's allowed us to support more and more people in the community.

– Liz Ramseur, MPH, CHES, RCP, ACE, Chief Operating Officer, ALFA

## ABCCM Doctors Medical Clinic | Asheville, NC

### *Costello House Residential Recovery Program*

- \$23,300 grant provided for improving navigation and integration of clinical care within a recovery and transitional housing program.
- 100% (from 50%) of all residents entering the program had a comprehensive health assessment within 24 hours of arrival, and 63% (from 17%) residents without a primary care home were triaged to the free clinic to receive an urgent medical evaluation and prescriptions within 24 hours of arrival.
- Policy and procedures were created and implemented for resident adherence to all prescribed and OTC medication regimens.
- Nearly every category of the residents' health awareness and agency were rated at the highest levels of improvement in their overall knowledge and comfort through the program's multimodal approach.
- Partnership developed with MAHEC's Department of Psychiatry and their Addiction Medicine Fellowship to bring mental health services on site and access into their primary care and pharmacy.

## Hands of Hope Medical Clinic | Yadkinville, NC

### *MediAssist: Access to Medications*

- \$45,000 grant provided to support the acquisition of medication and lab supplies critical for the clinic operations.
- Uninterrupted supply of medications, allowing for a stock of essential medications reserve and more accurate and timely diagnoses for patients.
- 770 patients received improved access to quality health care.

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The grant has significantly contributed to improving health care services for a broad range of affected populations, ensuring that more individuals have access to necessary medications and diagnostic tools. – *Bridget Boyles, Executive Director, Hands of Hope Medical Clinic*



## AWAKE Children's Advocacy Center | Sylva, NC

### *Child Medical Evaluations*

- \$50,000 grant provided to fund 8 months of 24/7 access to Child Medical Evaluations.
- Over 200 children were provided medical evaluations in 8 months.
- 92% rating of top effectiveness for assistance by the center by non-offending caregivers.
- 100% of all multidisciplinary team meetings included 4 of 6 major partner representatives.
- 100% of medical evaluations were conducted within 5 business days or less.
- 100% of all acute or emergency cases were provided with a forensic interview and medical evaluation within 2 business days or less.
- More than 200 children and their non-offending caregivers received improved access to quality health care.

## EmmanuWheel | Lexington, SC

### *Providing Wheelchair Ramps for the Mobility Impaired*

- \$8,000 grant provided to build wheelchair/access ramps.
- 8 wheelchair ramps were constructed with CCME Foundation funding, 72 ramps were constructed overall, and 660 ramps have been constructed since 2011.
- Estimated 17 individuals and their families received improved access to quality health care.



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“AWAKE's victim advocates provide housing solutions, food, follow-up medical care connections and transportation to care, and could not have been completed without the help of CCME! Thank you so much!”

– Crystal Jones, Executive Director, AWAKE Children's Advocacy Center

## Transitions LifeCare | Raleigh, NC

### *Supporting the Hispanic Community to Navigate Serious Illness*

- \$50,000 grant provided for increasing the capacity, outreach, and connections to serve the Hispanic community in serious illness care in the service region.
- 95% of milestones were reached in implementing this new initiative in collaboration with El Centro Hispano.
- Community relationship-building efforts included a presentation to 100 Community Health Workers across North Carolina, participation in the Health Window and monthly mobile health fairs with the Mexican Consulate, connections with Spanish-speaking congregations, and a nation-wide webinar with the NHPCO about the program.
- 350 health care providers were supported in addressing this gap within the health care system.
- Estimated 500 individuals and their families received improve access to quality health care.

## Lions Vision Services | Columbia, SC

### *EnVision South Carolina*

- \$50,000 grant provided to fund eye surgeries, eye exams, eyewear, and vision technology for un and underinsured residents of South Carolina.
- All measurable goals were reached: 55% of clients identified as BIPOC, 79% increase in quality-of-life following vision services, 100% of clients seeking to renew their driver's license passed the DMV vision test, and 91% of clients reported an increased understanding of vision health.
- Direct funding provided 36 eye surgeries to 27 clients, eyewear to 2 clients, 1 piece of vision technology equipment to 1 client, and 1 preoperative appointment for 1 client.
- 31 individuals received improved access to quality health care.

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Support from the CCME Foundation came at a critical time...a time of historic growth for our organization helping to impact so many communities across the state of South Carolina.” – Daniel Prohaska, President and CEO, Lions Vision Services




## **WarriorWOD Foundation | Charleston, SC**

### *Exercise is the RX for PTS*

- \$50,000 grant provided to for the recruitment for and implementation of “Exercise is the RX for PTS” program for veterans in the Lowcountry.
- Using the PCL-5, the study has shown a 29% reduction in PTS symptoms among participants and significant improvements in Avoidance (29.7%), Reactions (30.5%), Thinking & Mood (32.3%), and Intrusive Memories (25.1%).
- Improved changes experienced by veterans benefited their families and support networks, through healthier family dynamics and stronger community ties.
- Extended program impact through collaborations and partnerships with local gyms, nutritionists, and veteran support organizations.
- Ongoing research project is providing valuable insights and evidence-based alternative treatments to the body of peer-reviewed literature in addressing mental health care for veterans battling PTS symptoms for years to come.
- 42 veteran program participants and an estimated 1,000 veterans with partial and community support, received improved access to quality health care.

## **Greenville Free Medical Clinic | Greenville, SC**

### *Expansion of Behavioral Health Services*

- \$50,000 grant provided for increasing the capacity to provide mental health services to clinic patients.
  - Increase from 1,242 to 1,767 (42%) of in-patient visits with therapists.
  - Training and initiation of the “Triple P” (Positive Parenting Program) for small group counseling of patients to improve communication and coping skills.
  - 60% decrease in patients and 86% decrease in episodes for patients experiencing avoidable behavioral health issues in the Emergency Department and in-patient hospital stays.
  - 131 clinic patients received counseling and/or psychiatric visits, 76 clinic patients further assisted with additional social services needs identified, and an estimated 500-600 family members impacted by the patients’ mental health issues’ progress.
  - 150 volunteer physicians and 60 volunteer dentists supported by the availability of timely behavioral health services in the clinic.
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“We have a lot of patients who never had their teeth cleaned...It’s been wonderful to see the increase in health because of the dental services that we can provide. It’s been fantastic.” – Dr. Jannette Whisenhunt, Dental Program Manager, Community Care Center of Forsyth County

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## Community Care Center of Forsyth County | Winston-Salem, NC

### *Dental Hygiene Program*

- \$50,000 grant provided for increasing the capacity to provide dental hygiene services (including bilingual) to clinic patients.
- 462 dental hygiene visits for 262 patients, 251 patient appointments for dental extractions and fillings.
- Doubled the number of patient dental visits from the previous year.
- Increased number of contract and volunteer hygienists.
- 513 clinic patients seen in the dental program.
- 15 family medicine providers that were able to refer patients with dental issues for services that otherwise would not be able to access affordable quality dental care.

## Carolina Caring | Newton, NC

### *In-House CNA Training Program Technology Package*

- \$19,150 grant provided to supply laptops for students within the in-house CNA program that specifically trains CNAs for hospice and palliative care within Carolina Caring, improving capacity to provide quality serious illness and end-of-life care for patients.
- 75% reduction of paperwork and printing for the course compared to the previous year.
- 100% pass rate of CNAs in the course for both classes.
- Increase of CNA visits to patients to two times or more per week, allowing for all patient needs to be met in-house without outsourcing.
- Increase in overall CNA staffing.
- 346 individuals (9 CNAs from the program x 36 patients served) during a 12-week period following the May graduating class.
- 19 CNAs graduated from the program during the grant period.

## Tender Hearts Ministries | York, SC

### Access to Health care

- \$25,000 grant provided to provide support to uninsured client families needing access to healthcare, prescriptions, and supplements.
- 52 individuals were assisted through 349 encounters, doubling the amount of individuals that the ministry is usually able to assist.
- Improvements in less hospital visits, blood pressure levels, anxiety levels, and overall health of participant clients in addition to improvement in work attendance by homeless shelter and transitional housing clients (including their children's attendance and health).

## PAL: Play. Advocate. Live Well. | Spartanburg, SC

### Cooking Up Confidence: Skills in the Everyday Kitchen

- \$30,000 grant provided to begin and introduce participants to the FoodShare program, helping to increase fruit and vegetable consumption to decrease chronic disease.
- Added 3 new partner organizations within culinary public education, the local Hispanic population, and former prisoners reentering society.
- Added 2 new instructors (1 bilingual) with 1 additional bilingual instructor in training.
- Collaboration with Clemson University for data analysis and standardized survey creation to assist with evaluating the program's effectiveness on chronic disease.
- 249 individuals engaged, at least 122 individuals (and growing) and their households through in-person and virtual cooking classes, middle school aged through elderly participants.
- 13 health care professionals trained to teach the classes, representing the local hospital system, osteopathic medicine school, special needs center, and free clinic, with more in the works.

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“I honestly don't know what I would have done without the help from Ainslee and her team at Tender Hearts. What I do know is that without them, I would most likely still be in pain, trying to save up the money for my surgery.” – Valarie, Tender Hearts Ministries beneficiary



## Good Shepherd Free Medical Clinic of Laurens County | Clinton, SC

### *Prescription Medication and Diabetic Testing Supplies*

- \$10,000 grant provided to purchase generic medications and diabetic testing supplies, dispensed free of charge to clinic patients, for the community pharmacy at the Presbyterians College School of Pharmacy.
- In 2023, 5195 prescriptions were filled for 301 patients, and 3000 prescriptions have been filled as of July 2024.
- 28 health care providers: 12 physicians, 6 mid-level providers, and 10 nursing professionals were able to provide quality and accessible healthcare to the uninsured patients of the free clinic.



### **2024-2025 BOARD OF DIRECTORS**

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The CCME Foundation is a 501(c)(3) nonprofit organization sponsored by Constellation Quality Health.

Scan for more details about eligibility and applications

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