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Constellation Quality Health

# 2025 IMPACT REPORT

## *Creating a Legacy of Charitable Impact*

The CCME Foundation works to improve the health of individuals and communities. We provide charitable grants to nonprofit organizations to build upon or undertake new projects that improve access to health care and health-related services for our neighbors in the Carolinas.

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## A Message from Dr. Daniel Lackland Board Chair

*"It's an honor to present this 2025 Impact Report to share another great award year for the CCME Foundation and its grantee partners. This past cycle, our funding has supported 14 hardworking, grassroots organizations, dedicated to helping our most vulnerable neighbors in the Carolinas. We look forward to continuing to build upon these relationships and furthering our impact to help improve health outcomes by assisting with access to quality healthcare."*

**\$1.5+ million**

In grants and  
funding since 2021

**\$503,997**

To 14 nonprofits in the  
Carolinas in 2024 - 2025



## Hunger & Health Coalition Boone, NC

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Our registered dietician met with over 600 patients last year, providing both group and individual nutrition education.”

– Maura McClain, Director of Health Access

- \$20,000 grant provided to increase capabilities for Wrap-Around Services, Nutritional Food and Medication Distribution in Combination with Education materials for Establishing Health Habits.
- Expanded Food is Medicine program for chronic disease to Better Health boxes to establish health eating habits prior to onset of diet-linked chronic disease.
- Increased the number of patients enrolled in Food is Medicine education program.
- Increased the number of prescriptions dispensed through the pharmacy, at no cost, to an increase of 449 new patients.
- Navigating long-term needs anticipated due Hurricane Helene, economic crisis, and cuts to federal food and health programs.



## Veterans Bridge Home Charlotte, NC/Columbia, SC

- \$50,000 grant provided to build a Veteran connected community in the Columbia and greater Midlands region.
- Funding supported both leadership and direct service roles, ensuring that veterans not only had someone coordinating at the systems level but also at the individual level
- Collective Impact model employed, cultivating a robust network of stakeholders, including the SC VA, Midlands Chamber of Commerce, healthcare providers, higher education institutions, and grassroots veteran-serving organizations.

- Program supported 131 unique clients through 210 service cases, averaging 1.6 cases per client, addressing housing, employment, social enrichment, benefits navigation, healthcare, education, and basic needs.

## Cabarrus Public Health Interest Kannapolis, NC



“They are so thankful that these projects were funded to support the health of the community.”

– Casey Brown, Healthy Living Program Manager

- \$50,000 grant provided to expand Lifestyle Medicine program for its Hispanic population.
- 3500 estimated individuals were able to access improved health care services.
- 12 Spanish cooking and exercise classes were conducted for the population.
- Funding helped purchase necessary equipment for healthy lifestyle programming and classes.
- Holiday food bags were provided to 60 clients.



## Caregiver Mental Wellness Concord, NC



“We just completed the videos and put them on our website...At our workshops where we teach the video content...caregivers report feeling seen, motivated to prioritize self-care, and said they were going to start some self-care tips we taught.”

– Carolyn Dowdy, President & Founder

- \$12,148 grant provided to create a video and eLearning program.
- Developed 16 videos, including a “How to Use the Program,” all available through the organization’s website.
- Conducted outreach to 150 organizations to generate interest in using the videos for all affected caregiver populations.

## Western Carolina Medical Society Foundation Asheville, NC

“

“This grant, and the work we have been able to do with it, literally has served as a medical port in the storm for so many. Thank you.”

– Karen Wallace-Meigs, Executive Director



- \$50,000 grant provided to increase access to Specialty Healthcare for Older Adults in WNC.
- Age restriction lifted from Project Access, enabling seniors to access medications, transportation, and necessary medical equipment through Hurricane Helene and beyond.
- Served more than 100 seniors in need of specialty health care (134 individuals total from grant funding).
- Patients connected with additional services through CHW and nonprofit partners.
- Estimated 75 healthcare professionals involved in caring for population alongside the organization.

## Unity Health on Main Greenville, SC

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“The funded program significantly exceeded its goal of simply enrolling individuals; it successfully provided intensive, high-quality, and comprehensive health services to a vulnerable population facing significant barriers.”

– Norma Jean Suarez, Executive Director



- \$45,314 grant provided to create the Unity Healthy Club at the clinic.
- Program demonstrated substantial success in participant health behaviors and overall well-being.
- 70% of participants decreased LDL cholesterol, 60% of participants decreased overall cholesterol, 60% of participants increased HDL cholesterol, 40% of participants decreased triglycerides.
- Program served 101 people, designed to overcome significant access barriers faced by the affected population.



## Trellis Supportive Care Winston-Salem, NC



“Our unexpected success of the program was the interpersonal connections these caregivers were able to form with others who share their experiences.”

– *Laura Mackle, Annual Fund Manager*

- \$12,750 grant provided to create a Caregiver Training Retreat in the community.
- 30 caregivers and community members participated in the inaugural retreat ; the focus was on training and educating the unpaid workforce providing caregiving services to family or loved ones.
- Funding provided respite care for caregivers so they could participate in the day-long event.
- Survey scores indicated a high level of success (4.6-4.9 on a scale of 1-5) in all measures of the program effectiveness.

## SouthLight Healthcare Raleigh, NC



“The SDOH Coordinator has become a trusted point of contact for LGBTQ+ clients, actively building new relationships with affirming, community-based resources that address the unique barriers this population faces in accessing quality care.”

– *Jim Dempsey, Development Director*

- \$50,000 grant for a Social Determinants of Health (SDOH) Coordinator in the Peer Support Specialist-led Drop-In Center.
- In only 6 months, the SDOH Coordinator assisted 200 clients, facilitated support trainings, and participated in four community engagement events to connect clients with services and partners.
- In only 6 months, the SDOH Team received approximately 200 referrals from 50 SouthLight staff members across programs such as Opioid Treatment, Integrated Health, Nursing, and other external partners.



# McLeod Health Foundation Florence, SC

“These funds allowed us to continue to be able to serve moms and babies in one of our most rural counties.”

– Daniel Nolker, Grant Writer

- \$48,077 grant provided to fund the McLeod Health Nurse–Family Partnership Program.
- 100% of clients received at least 1 hour of nutrition and health, 82.1% of WCV kept, 100% of clients with positive anxiety/depression screenings referred to appropriate resources and 100% babies, 79.4% of clients over 18 employed by 24 months when completing the program.
- 38 clients plus their babies were served during the funding period.



# Greenville Free Medical Clinic Greenville, SC

“Approximately 50 healthcare providers have rotated through the expanded satellite clinic sites. These compassionate professionals provide quality care to patients who not only lack health coverage but also experience numerous barriers and obstacles to obtaining timely care for acute or chronic conditions.

– Suzie Foley, Executive Director

- \$50,000 grant provided to fund the expansion of 3 rural satellite free medical clinics.
- Patients served increased 61% with 914 additional visits.
- 84.97% eligible patients received their flu shot, 64.23% of women ages 50-75 received breast cancer screenings, 99.23% of patients received depression screening and follow-up, 71.16% improvement in blood pressure control, 27.03% of patients identified for poor control of diabetes.



## Dementia Alliance of NC Raleigh, NC

“Based on marketing reach goals, we anticipate outreach to at least 10,000 individuals across NC’s Hispanic communities, significantly improving access to dementia education and caregiving resources..”

– Morgan Zoellner, Development Director

- \$39,858 grant for Accepting the Challenge Dementia Training: Spanish Translation Initiative.
- Translation of entire program into Spanish completed to include all text, dialogue, voice-over scripts, casts and recordings, and high-quality dub tracks.
- Final editing includes syncing audio, adjusting timing for Spanish, and updating more than 500 translated text graphics, and program launched to dedicated Spanish language website.
- Expected to reach target of 500 Hispanic caregivers completing modules within the first year, significantly improving access to dementia education and caregiving resources.

## Carolinas Foundation for Hospice and Home Care - Raleigh, NC

“CCME funding has been essential to being able to ‘kick start’ essential project activities while we secured additional funding for the broader 2 ½ year pilot project.”

– Susan Harmuth, Program Director



- \$50,000 grant provided to begin development of an industry recommended standardized training curriculum and onboarding model for in-home aides providing personal care services.
- 19 training modules and related testing developed.
- 12 pilot agencies selected - expected to train 700 new hires during pilot period.
- 22 RNs have completed the train-the-trainer program, designated as “approved trainers.”
- Following roll-out across NC, expected to expand into SC.



## Bridges of Hope N. Charleston, SC



“With a well-established curriculum and program implementation process, we plan to continue growing the Stepping Stones program to reach more children, families, schools & neighborhoods.”

– Jonathan Wright, Executive Director

- \$7,500 grant provided to support the Stepping Stones Grief Support Program for children, teens, and families.
- 472 youth, 137 parents/caregivers, and 102 other community members received grief support through the program.
- 26 health care professionals received grief support training.
- 84% of youth demonstrated quantifiable improvement in at least 1 of 2 core goals in pre and post evaluation process and analysis.
- 94% of parents/caregivers indicated that they would recommend/highly recommend the Stepping Stones program to other families.

## Anderson Free Clinic Anderson, SC



“We are members of a newly formed community collaborative, LiveWell Anderson, to improve health outcomes in Anderson County...over 400 patients have accessed one or more of the services offered through the Wellness Initiative.”

– Tammie Collins, Executive Director



- \$18,350 grant for the Anderson Free Clinic Wellness Initiative.
- In addition to the over 400 patients referenced above, 120 doctors, NPs, nurses, residents, medical students, and pre-med students have been involved with the Wellness Initiative.
- 2 Plant-based bistros hosted to encourage more plant-based eating, 6 bi-weekly cooking classes with Clemson Snap-Ed, 1 Spanish “My Plate” nutrition class conducted, 4 monthly Spanish cooking classes scheduled (started in June 2025).
- 7% reduction in patients’ hypertension over a 3 year span; patients visiting the Wellness Market 5 or more times per month have lost an average of 10 lbs.

# APPLICATION PROCESS



- Grant applications are accepted April 1 through May 31.
- Grant awards are for a one-year period, beginning August 1 through July 31.

## WHO CAN APPLY

- Faith-based entities
- Hospitals/ Providers/ Clinics
- Educational Institutions
- Community Based Organizations (CBOs)

## TYPES OF PROGRAMS WE FUND

- Healthy lifestyle and quality of life programs
- Access to culturally and linguistically appropriate care
- Health-related educational information
- Consumer-centered care and decision-making
- Patient safety programs

## PRIORITY FOCUS AREAS

- Chronic Disease Management
- Post-Acute Care
- Behavioral Health
- Workforce Development

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